|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | U10 | U11 | U12 | U13/14 |
| Ball Size | 4 | 4 | 4 | 5 |
| Off sides | No | No | Yes | Yes |
| Throw-Ins | No | No | Yes | Yes |
| Goal Size (in feet) | 16X6 | 16X6 | 18X6 |  |
| Length of Games | 2X25min | 2X25min | 2X35min | 2X40min |
| Minimum Players on Field | 5 | 5 | 6 | 9 |
| Maximum Players on Field | 7 | 7 | 9 | 11 |
| Maximum Players on Game Sheet | 14 | 14 | 16 | 18 |
| Distance from Ball on Restarts (in yards) | 6 | 6 | 6 | 10 |
| Retreat Line (1/3 of field) | Yes | Yes | Yes | No |
| Pass in/ Dribble in | Yes | Yes | No | No |
| Substitution on Stoppage of Play (Note 2) | Unlimited (Any Stoppage) | GoalsGoal Kicks2nd Half RestartOwn Team Throw in or “piggy back” on opponentsReplace injured player |
| Substitution on Throw-in at Request of Attacking Team (Note 3) |
| Substitution on Corner Kick at Request of Attacking Team |
| Substitution for Sent Off Players | N/A | N/A | Yes | No |
| Yellow Cards | No | No | Yes | Yes |
| Red Cards | No | No | Yes | Yes |
| Free Kick (with exception of penalty kick) | Indirect | Indirect | FIFA Law | FIFA Law |

**SOSA League – Laws of the Game Summary (2023)**

**Note 1:** SOSA implements the retreat line for U10-U12

**Note 2**: Stoppages of play where a substitution may be made are: throw ins, goal kicks, scoring of a goal, at half time and to replace an injured player.

**Note 3:** The defending team may request a substitution “piggy-back” on a throw on when the attacking team does so.

**Note 4:** For U10-U12 in cases of extreme misconduct, the Coach is expected to keep the player off the field for the reminder of the game.

**Penalty Areas:** U10 and U11 = 12mX15m; U12/U13 – 13mX32m

**Penalty Spot:** The penalty spot will be 9 metres from the midpoint between the goals.

**For more information, please contact soccersosa@bell.net**